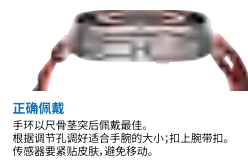


尺寸:9\*10cm

智能手表 说明书



正确佩戴 手环以尺骨茎突后佩戴最佳。根据调节孔调整好手腕的大小,扣上腕带扣。传感器要紧贴皮肤,避免移动。



给手表充电 初次使用确保手环电量正常,若低电不能正常开机,请连接充电器对设备进行充电。

APP会自动保存手环蓝牙地址,APP打开或在后台运行,都会自动搜索并连接手环。

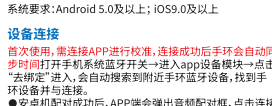
手环功能说明 上屏:表盘页面短按一次进入主菜单,主菜单页面双击切换风格,其他页面短按返回上一级。下键:表盘长按2秒关机,任意页面短按返回到表盘,表盘页面短按灭屏。

表盘功能:在表盘长按可切换不同表盘,主菜单可上下页;长按主菜单可放大缩小功能;待机页面:往下滑进入信息页面,往上滑进入控制中心界面;左滑动切换表盘;右滑进侧滑。

控制中心 蓝牙通话:1.首次开机后5分钟内没有连接音频,开机会自动关闭;或用户在手环上把音频蓝牙手动关闭了,再次使用时需要手动打开开关2.音频蓝牙连接上后就一直不关,长按主菜单可放大缩小功能;待机页面:往下滑进入信息页面,往上滑进入控制中心界面;左滑动切换表盘;右滑进侧滑。



在手机上安装手环APP 扫描二维码或进入APP Store、应用宝下载并安装APP



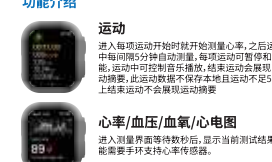
系统要求:Android 5.0及以上;IOS9.0及以上

设备连接 首次使用,需连接APP进行校准,连接成功后手环会自动同步时间并打开手机蓝牙开关

首次使用,需连接APP进行校准,连接成功后手环会自动同步时间并打开手机蓝牙开关

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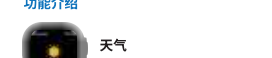
首次使用,需连接APP进行校准,连接成功后手环会自动同步时间并打开手机蓝牙开关



运动 进入每项运动开始时就记录心率,之后运动过程中每隔1分钟自动测量,每项运动可暂停和继续功能,运动中可控制音乐播放,结束运动后会显示运动数据,此运动数据将保存在手环运动不足5分钟以上结束运动不记录运动数据

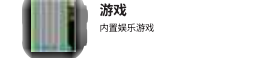


心率/血压/血氧/心电图 进入测量界面等待数秒后,显示当前测试结果,此功能需要手环支持心率传感器



拨号 在手机中可拨打电话(备注:使用此功能手机需要连接音频)

电话本 在APP添加常用联系人,联系人即可同步到手环电话本显示,点击联系人即可拨打电话(备注:使用此功能手机需要连接音频)



天气 连接app,进入此界面可查看当天天气状况。

找手机 连接APP状态下,手机点击“找手机”手机会发出提示音

游戏 内置娱乐游戏

睡眠模式 在睡眠时手环本地显示最近7天的记录,连接APP后可查看睡眠数据详情



SOS 在APP添加常用联系人,APP从第一个号码设置为紧急联系人号码,用户也可更改设置,如音频有连接点击此图标就直接拨打电话,未连接音频时,点击显示手表未连接

风格切换 可在选项中切换不同风格主菜单。

信息模式 连接APP状态下,如果开启推送通知提醒,当手环有推送通知提醒,进入此界面可查看通知记录。

秒表功能 进入秒表界面开始秒表计时时,点击暂停按钮停止,点击重置按钮清除秒表。

拍照 连接app状态下,从手环启动拍照或APP进入遥控拍照界面,轻轻一触,触屏触屏手环,相机镜头会自动拍照闪光灯APP内可用以保存自拍的图片。

重置 重置此功能会清除手环所有数据。(如计步)

关于 可查看手机相关的信息。

Siri 点击语音助手菜单项启动语音助手。(备注:手机同时需要连接音频,智能唤醒需在语音菜单提前设置好使用人的声音)

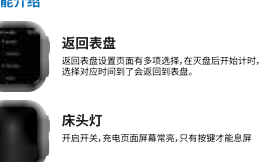


语言 在APP添加常用联系人,APP从第一个号码设置为紧急联系人号码,用户也可更改设置,如音频有连接点击此图标就直接拨打电话,未连接音频时,点击显示手表未连接

设置日期 可在选项中切换不同风格主菜单。

设置时间 可设置用户需要的时间。

背光时间 背光时间设置页面有多项选择,选择对应时间到,会自动关闭。



返回表盘 返回表盘设置页面有多项选择,在表盘后开始计时,选择对应时间到会自动返回到表盘。

床头灯 开启开关,充电页面屏幕常亮,只有按屏幕才能息屏

侧滑 默认开启,在表盘右滑进入侧滑页面

二维码 手机扫描二维码即可下载APP,同时在APP内扫描可自动绑定手环设备

- 注意事项 1.洗澡和游泳不宜佩戴。 2.同步数据时请连接手环。 3.使用自带的充电线充电。 4.不要把手环长时间暴露在分较高、温度极高或极低的地方。 5.手环出现死机重启现象,请注意检查手机内存信息清除再试,或退出APP重新打开。 部件介绍 \*主机 \*表带 \*充电线 \*包装盒及说明书 此说明书仅供参考,请以实物为准

APP功能及设定 个人信息 可设置性别-年龄-身高-体重-距离等等也可以设置您的每日目标步数,监控每日的完成情况。

应用推送 连接状态下,如果开启了此功能,则有微信、QQ、Facebook等消息时,手环会推送提醒并显示接收到的内容(也可进手环信息菜单查看最新消息记录)。(需授予APP获取系统通知的权限)。

久坐提醒 设置是否开启久坐提醒功能,若在设定时间内长时间坐着,则手环会每小时提醒一次。

闹钟设置 连接状态下,可进行8个闹钟设置,设置后,会同步给手环;支持无线闹钟,在同步成功后,即便APP未连接,手环也会按设定时间提醒。

寻找手环 连接状态下,点击“寻找手环”,手环会有响应提示。

APP功能及设定 自定义表盘 连接APP获取表盘设置,可选择推荐表盘/手机相册进行升级同步到手环。

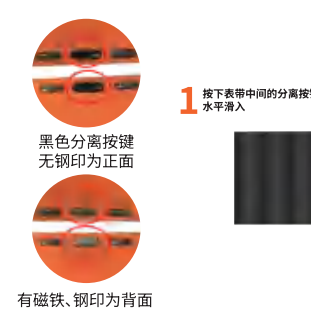
久坐提醒 设置是否开启久坐提醒功能,若在设定时间内长时间坐着,则手环会每小时提醒一次。

设备重置 设置重置此功能会清除手环所有数据(如计步)

移除设备 移除设备此功能会清除数据并移除设备

Table with 4 columns: 设备类型, 智能手表, 电池类型, 锂聚合物; 震动马达, 支持, 同步方式, 蓝牙5.3; 工作温度, -10°C-50°C, 传感器, 低功耗加速度传感器; 系统要求, IOS9以上/Android5.以上

表带安装教学



Smart Watch manual



wear correctly The bracelet is best worn behind the ulnar styloid. Adjust the size of the wrist according to the adjustment hole; fasten the wrist strap buckle. The sensor should be close to the skin and avoid moving.



charge the bracelet sure the power of the bracelet is normal when using it for the first time. If the power cannot be turned on normally due to low power, please connect the charger to charge the device.

search audio Bluetooth all the time, please enter the Bluetooth call menu and turn on the switch. You cannot make a call without connecting an audio device.

Bluetooth is disconnected within 1 minute, it will automatically turn off if it is not connected back. After the APP is connected back, it will take the initiative to turn on the audio and connect back. If it is not connected back within 1 minute, it will turn off the audio

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Install the bracelet APP on your phone Scan the QR code or enter the APP Store, App Store to download and install the APP



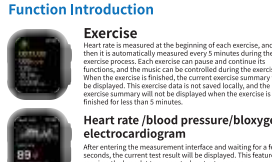
System requirements: Android 5.0 and above; IOS9.0 and above;

device connection For the first use, it is necessary to connect the APP for calibration. After successful connection, the bracelet will automatically synchronize the time, turn on the Bluetooth switch of the mobile phone system

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Exercise Heart rate is measured at the beginning of each exercise, and then it is automatically measured every 2 minutes during the exercise process. Each exercise can pause and continue its function, and the music can be controlled during the exercise. When the exercise is finished, the current exercise summary will be displayed. This exercise data is not saved locally, and the data summary will not be displayed when the exercise is finished for less than 5 minutes.

Heart rate /blood pressure/bioxgen/ electrocardiogram Enter entering the measurement interface and waiting for a few seconds, the current test result will be displayed. This feature requires the bracelet to support a heart rate sensor

Dial Dial the dial to make calls (note: the phone needs to be connected with audio to use this function)

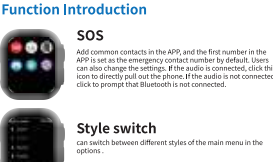
Phone book Add common contacts to the APP, and the contacts can be displayed in the phone book of the phone ring synchronously. Click the contact person can make a call (note: the phone needs to be connected with audio to use this function)

Weather Connect to the app and enter this interface to view the weather conditions of the day.

Find a phone APP is connected, click "Find Phone" on the bracelet and the phone will emit a prompt tone

Game Built-in entertainment games

Sleep mode The latest 7-day records are displayed locally on the sleep details page, and the sleep data details can be viewed by connecting to the APP. Note: Only when the app is connected and the bracelet is worn to sleep will the sleep data be uploaded to the app and the details will not be at 20.



SOS Add common contacts in the APP, and the first number in the APP is set as the emergency contact number by default. Users can also change the contact number before connecting. Click this icon to directly call the phone. If the dial is not connected, click to prompt that Bluetooth is not connected.

Style switch can switch between different styles of the main menu in the options.

Information mode connected to the APP, if the push notification reminder is enabled, when the bracelet pushes multiple reminder messages, you can enter this interface to view the latest message records.

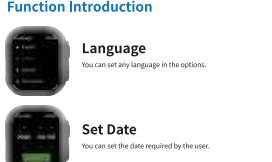
Stopwatch function Enter the stopwatch and click the start button to start timing, click the pause button to stop, and click the reset button to clear the timing.

Photograph connected to the APP, start the camera from the bracelet or enter the camera interface from the APP, double touch the wrist/touch the bracelet, and automatically take a photo after a countdown of 3 seconds. Please allow the APP to access the album to save the self-portrait photo.

Reset Resetting this function will clear all data on the bracelet. (like step counting)

About You can view information about the machine.

Siri Tap the voice assistant menu to launch the language assistant, and the voice phone needs to be connected to the audio at the same time, and the user's voice needs to be set in advance in the voice menu on the smartphone side)

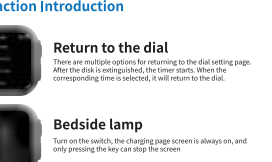


Language You can set any language in the options.

Set Date You can set the date required by the user.

Set time You can set the time required by the user.

Backlight time There are multiple options on the backlight time setting page, when the corresponding time is selected, the screen will automatically turn off.



Return to the dial There are multiple options for returning to the dial setting page. After the dial is set, the timer starts. When the corresponding time is selected, it will return to the dial.

Bedside lamp Turn on the switch, the charging page screen is always on, and only pressing the key can stop the screen

Sideslip It is enabled by default, and slides right on the dial to enter the sideslip page.

QR code Please scan the QR code to download the APP, and scanning the code at the APP end can automatically bind the bracelet device

APP functions and settings Personal information You can gender-age-height-weight-distance, etc. You can also set your daily goal step count and monitor your daily progress.

App push In the connected state, if this function is turned on, when there are messages such as WeChat, QQ, Facebook, etc., the bracelet will push reminders and display the received content (you can also go to the bracelet information menu to view the latest message records). (APP should be given permission to obtain system notification).

Alarm setting In the connected state, you can set 8 alarm clocks. After setting, they will be synchronized to the bracelet. It supports offline alarm clocks. After the synchronization is successful, even if the APP is not connected, the bracelet will remind you at the set time.

Find the bracelet When connected, click "Find Bracelet" and the bracelet will be prompted to respond.

APP functions and settings custom watch face Connect the APP to get the dial settings, and select the recommended dial/mobile phone album to upgrade and synchronize to the bracelet.

Sedentary reminder Set whether to enable the long sitting reminder function. If you sit for a long time within the set time, the bracelet will remind you once an hour.

Device reset Setting reset this function will clear all data of the bracelet (such as step counting)

Remove device This feature will clear data and

Table with 4 columns: Equipment type, smart wristband, Battery Type, Lithium polymer; Vibration motor, support, Synchronously, BT 5.3; Operating temperature, -10°C -50°C, sensor, Low power accelerometer; System Requirements, IOS9 or above/Android 5.0 or

Precautions

- 1. It is not advisable to wear it for bathing and swimming. 2. Please connect the bracelet when synchronizing data. 3. Use the included charging cable to charge. 4. Do not expose the handle to places with high moisture, extremely high or low temperature for a long time. 5. If the wristband crashes and restarts, please check the phone memory information to clear it and try again, or exit the APP and reopen it.

Parts Introduction

- \* Host \* Wristband \* Charging cable \* Packaging box and manual This manual is for reference only, please refer to the actual product

Watch Band Installation Manual

