

Please read this manual carefully before using the

product and keep it properly



h realizes the Mert function, which converts all daily exercise into Mert valuants it on the watch and app. Record the energy metabolism equivalent of a series in form a visual ron, on that buses now the leady up to the best to the control of the

Recharge

Bluetooth data transmission

medical purpose and basis. Please tollow the occurs guidalluce and lieves inside this strategy for self diagnosis and treatment.

2. The waterproof grade of this product is IPSB. It is not recommended to dive de and soak in water for a long time. In addition, this product is not anti hot water, hereuse steam will cause noise to the bracelet. 3. The company reserves the right to modify the contents of this manual without any notice. Some functions are different in the corresponding software version,

Precautions

Product overview

Buttons and touch



