Adjustment steps (adjusting time)
1. Pull out the crown of the watch

-Pull out the crown completely to the outermost end (i.e. state 2).

-At this point, the second hand of the watch will immediately stop moving, indicating that it has entered the timing mode.

2. Adjust the time

- -Rotate the crown clockwise or counterclockwise to adjust the hour and minute hands. -You can freely rotate in any direction without any risk of damaging the movement.
- -Professional advice: To ensure that the time is accurate, you can first adjust the minute hand to a position 2-3 minutes ahead of the target time, and then slowly turn counterclockwise back to the exact time.

3. Push back the crown of the watch

-When the pointer points to the exact time, push the crown back completely to its original position (i.e. state 0).

-The watch will immediately start running normally, and the second hand will start rotating again.